



Lauren Smith

**AUTHOR. PODCAST HOST.
MARKETING STRATEGIST.**

ABOUT

Lauren Smith is a Marketing Strategist, Speaker, and Top 50 Podcast Host. Her mission is to empower others to unleash their greatest potential while designing a business and life they love.



CONNECT

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SAMPLE TOPICS

The Art of Storytelling in Marketing
Building a Magnetic Personal Brand:

Communicating with Purpose

Podcasting for Impact: How to Create a Show that Resonates

Mindful Love: How a Simple Practice Can Shift Your Life

EXPERT IN THE AREAS OF

COMMUNICATION | PODCASTING |
DIGITAL MARKETING | MINDFUL PARENTING