



Lauren Smith

**SPEAKER. AUTHOR. HOST.
COMMUNICATION STRATEGIST.**

ABOUT

Lauren Smith is a Communication Strategist, Speaker, Author, and Top 50 Podcast Host. Her work centers on helping people find their voice, communicate what matters, and create a life and work that feel authentically their own.



CONNECT

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SIGNATURE KEYNOTES

TEACH THE VOICE

Educators + education leaders

VOICE BEFORE BRAND

Founders + marketers + creators

THE PERSONAL BRAND TRAP

Entrepreneurs + creators + professionals

HOW IT LANDS

Leaders + teams + communicators

LIFE IS A PRACTICE

Retreats + women's events + growth communities